BMC, FOX, FTT, CRH, LFH, OCH, FCC, HRK

## **Performing Location(s)**

BMC, FOX, FTT, CRH, LFH, OCH, FCC, HRK

# **Specimen Type**

Serum or Plasma

#### **Preferred Container**

Gold or Red top tube

#### **Alternate Container**

Green or Gray top tube

### **Minimum Volume to Submit for Testing**

0.5 mL Serum or Plasma

## **Transportation Needs**

Deliver specimen to laboratory within 1 hour of collection if unspun.

If not possible see "Storage Requirements".

### **Storage Requirements**

Sample tubes should be centrifuged within 2 hour of collection followed by transfer of the serum (red or gold top) or plasma (green top) to a labeled plastic, aliquot tube.

See Causes of Rejection for temperature requirements.

Gray top tubes do not require centrifugation for transport up to 48 hrs.

#### **Causes for Rejection**

Mislabeled or unlabeled specimen

Less than 50% draw for vacutainer tubes

Patient not fasting prior to start of GTT

Stressed patient (surgery, infection, corticosteroids)

Specimen not labeled with hourly times.

- > 72 hours refrigerated
- > 8 hours room temperature
- > 5 days frozen

Hemolysis > 500 mg/dL HgB

Lipemia > 700 mg/dL Trig

Bilirubin > 40 mg/dL Bili

#### Reference Values

Diagnosis criteria for 2 Hr OBGTT (2OBGTT) (100 gram dose)				
Specimen	Normal Reference Range (mg/dL)	<b>High Critical Value</b>	Low Critical Value	

Fasting	70-95	>450	<40
1 hour	96-179	>450	<40
2 hour	100-152	>450	<40

# **Available STAT**

Yes

Methodology Beckman AU/Dx Series

# **CPT Code**

82951 (x3)