Reflections: An R42 Looks Back

By Dr. Douglas DeLong

After 42 years my medical career has become a bit of a blur. So much has changed. Medical records were piles of loose-leaf papers stuffed randomly into multiple folders. Computers were rudimentary research tools. Imaging was limited to basic plain films. The nearest CT was in Albany. MRI was still over the technological horizon.

I distinctly remember that first day of the journey, walking up the hill from Fernleigh Over with my imposter syndrome at full volume. My first night on call was spent in the ER in what is now the Clark Auditorium. There was a small trailer outside with a call room. The rotary [!] telephone was directly over the head of the bed. I was so petrified of its ringing and being found out as a complete incompetent.

I suppose everyone has at least one significant mentor. This supposition is dangerous territory to reflect upon given the abundance of the many truly exceptional clinicians with whom I was privileged to work but Bob Sioussat stands out in my memory. He (and Mable Baker, R.N.) ran the old “Ambu” clinic. Like most internists of that time, he also had a subspecialty interest—neurology in his case. He and his wife, Robin, lived in a rambling old house on Susquehanna Avenue. They had a pontoon boat on the lake, and I still remember one cruise listening to the community band anchored off the great lawn of The Otesaga on a summer evening. In Ambu clinic I learned the power of relationships, which ultimately allowed me to practice general internal medicine all these years.

Another powerful memory that frequently floats up into my consciousness is seeing Emery Herman late one Sunday morning after “services” (the common term for weekly tennis games at his place) rounding on his patients in the hospital. He wore his white coat but otherwise came straight from the courts. So, from the rear he made for a perfect image of a flasher with his bare legs. I have tried to emulate Emery’s devotion to his patients ever since.

Message from the President of the Medical Alumni Board of Directors

This issue of The Cupola highlights the connections that we fostered during our years at Bassett.

On this page Dr. Doug DeLong reflects upon a 42-year medical career, which notably began and ends at Bassett. Remarkably somewhere in the middle of that career, he contributed to the founding of our Medical Alumni Association.

Later in this issue, you will find the obituary of Dr. Gideon Panter, an alum who maintained his connection to Bassett for more than four decades after completing his training here. (Surprisingly, only a few years ago, I realized that he and I had met once— in New York City when he brought me into this world).

The transitions of careers, and the transitions of life, and the transformations that we have witnessed throughout both are amazing. The fact that Bassett remains steadfast in the service of patient care, medical education, and research, despite the enormous changes and pressures of modern medicine, is what connects all of us who read these pages.

Much like Dr. DeLong, and I am sure many of you, I recall my time at Bassett and in Cooperstown both fondly and frequently. As I review the newly appointed and graduating residents, and the events and excellence in the Bassett system, I am excited to be the new president of the Medical Alumni Association, to continue to foster these connections, and support and celebrate the Bassett mission.
Surgery Resident Joined Alumni Board

Dr. Elizabeth Jacob, in her third year of surgery residency at Bassett, has been serving as a member of the Bassett Medical Alumni Association Board of Directors since the fall of 2019. Jacob was first introduced to the Bassett Medical Alumni Association when she met with the Board of Directors to discuss Resident Wellness initiatives that were funded by the Alumni Association in response to low morale among residents. This experience gave her an appreciation for the association and their willingness to help resolve issues impacting residents in training. She has enjoyed participating in Board meetings since then, even those conducted via Zoom.

New Program Director of Surgery Residency Appointed

Dr. Joon K. Shim joined Bassett’s Department of Surgery in January as attending physician and its residency program director. Born in South Korea, at age six, she emigrated with her family to Edgewater, N.J., where she grew up. Shim earned a bachelor’s degree in philosophy at Bryn Mawr College and received her medical degree from George Washington University School of Medicine, from which she also received a master’s degree in public health. Having completed her surgery residency at the University of Massachusetts, she served four years as staff/combat surgeon in the U.S. Army with three tours of duty in Afghanistan. She ascended to the rank of Major, and for her outstanding service, she was awarded the Army’s Meritorious Service Medal.

She went on to complete a Minimally Invasive Surgery/Bariatric Surgery fellowship at Alpert Medical School of Brown University and then joined the surgery faculty of Wright State University Boonshoft School of Medicine as an assistant professor and subsequently associate clerkship director as well as a residency site director at Miami Valley Hospital. With a strong interest in the interface between Medicine and the Arts, she has completed an Art Museum-based Health Professional fellowship through the Cambridge Health Alliance-Harvard University program.

Shim hopes to further enrich the training of our students and residents with an increased focus on the humanities and arts and their importance in medicine. Dr. Drew Griffiths, who served as interim program director until her arrival, will continue in his role as Bassett’s associate program director for surgery and looks forward to working closely with Shim. She is the author of an impressive list of peer-reviewed articles and has a long list of poster presentations to her credit. She and her husband, Jonathon Pincus, an adjunct instructor of art at State University of New York in Oneonta, are looking forward to life in our idyllic, pastoral upstate setting.

Bassett Residents Match in Fellowship

Five doctors completing their residency training received the following fellowship appointments:

- **Nancy Bethuel, M.D.,** (Internal Medicine), Pulmonary/Critical Care fellowship, Indiana University School of Medicine, Indianapolis, Ind.
- **Suzanne Evans, M.D.,** (General Surgery), Transplant Surgery fellowship, University of Cincinnati, Cincinnati, Ohio
- **Hunaiz Patel, M.D.,** (General Surgery), Vascular Surgery fellowship, Albany Medical Center, Albany, NY.
- **Vijaykumar Sekar, M.B., B.S.,** (Internal Medicine), Endocrinology fellowship, Lehigh Valley Hospital, Allentown, Penn.
- **Bishesh Shrestha, M.B., B.S.,** (Internal Medicine), Cardiovascular Disease fellowship, Bassett Medical Center, Cooperstown, NY.
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Bassett itself has changed as well, of course, evolving from a rural community teaching hospital to a healthcare network with multiple affiliated hospitals and numerous regional clinics. We owe a lot to the visionary skills of Bill Streck. However, I would also point out it was Don Pollock, who wore so many hats over the years, that started the first community health center in Cherry Valley.

To look back over a lifetime and suggest that you would do it all over again is not common. I do think I would make the same basic decisions, but only because I was fortunate over my career to have numerous “enablers”. I mentioned the fundamental importance of my connections with patients. Also invaluable were relationships with my colleagues who have shared the good and not so good times.

Working with John Davis and others to start the Alumni Association back in 1988 provided the ongoing camaraderie of the greater Bassett family. However, the American College of Physicians (ACP) literally saved my life. Early in my career, before we had a name for it, I was completely “burned out”. Depressed really. Thankfully, I was on the receiving end of a program sponsored by the ACP’s Wisconsin chapter that embedded students with practicing internists. Having a medical student join me in rural Wisconsin when I was working there in the years after my residency completely changed everything for me. Likewise, I was beyond fortunate in my involvement with the College (ACP) to have the stars in alignment on more than one occasion which enabled me to serve in various leadership positions. I truly feel that as part of “the conscience of medicine” I was able to facilitate some policies that have had a national impact.

Of course, none of this journey could have been possible without Lynn, my most supportive and forgiving wife. Medicine has a narcissistic streak that can overwhelm a personal relationship if one is not careful. For me, having outside interests has been critical. A friend of mine from ACP days called running the “rhythm of life”. I ran my first marathon after training early every morning on the East Lake Road. My time in Wisconsin introduced me to Nordic skiing, kept me fit during the winter, connected me with an entirely new group of friends and reinforced my zest for running once the snow melted. Books have been a lifelong passion and helped sustain me throughout.

Medicine has been good to me and it has been an incredible privilege. As I contemplate my imminent retirement, part of me takes satisfaction from generally doing more good than harm. Another part of me, however, knows that there is so much more to do to develop a truly just, equitable and universal system of healthcare for this country. You never know. Maybe at 69.5 years there is something yet in the tank.

The author, Dr. Douglas M. DeLong, is retiring as chief of the Division of General Internal Medicine at Bassett Healthcare Network in 2021. After graduating from the University of North Carolina School of Medicine in 1979, he completed an internship and residency at Bassett. After that, he worked for the Marshfield Clinic in rural Wisconsin for 17 years before returning to Bassett in April 2000. He was chair of the Board of Regents for the American College of Physicians from 2019-2020, and the executive vice president of the Bassett Alumni Association from 1998-2019.

Columbia-Bassett Class of 2021 Match

The 2021 class of the Columbia-Bassett program entered the National Resident Matching Program (NRMP) Main Residency Match this year. Please join us in congratulating these graduates on their success. Their residency results are:

**Patrick Ho, M.D.,** Urology, Icahn School of Medicine at Mount Sinai, New York, N.Y.

**Ellen Myers, M.D.,** Obstetrics & Gynecology, Christiana Care, Newark, Del.

**Allison Saunders, M.D.,** Child Neurology, Children’s National Medical Center, Washington, D.C.

**Mikko Sayre, M.D.,** Emergency Medicine, University of Wisconsin Hospital and Clinics, Madison, Wisc.

**Mary Shimkus, M.D.,** Internal Medicine, Icahn School of Medicine at Mount Sinai, New York, N.Y.

**Eric Sun, M.D.,** Internal Medicine-Pediatrics, University of Chicago Medical Center, Chicago, Ill.

**Laurel Whitney, M.D.,** Pediatrics, Vanderbilt University Medical Center, Nashville, Tenn.

Deferred: **Matthew Adan, Devin Beecher, Samuel Burnim,** and **Martha Renn**
1950s
Charles Greenblatt, M.D.  
(Rotating intern 1956-57) from Motza Illit, Israel, shares that the Greenblatts are doing amazingly well. He and John S. Davis, M.D.,  
(Medicine resident 1956-58, Attending physician 1964-95, Director of Medical Education 1980-95) are the two remaining members of their group of medical trainees. With a goodly percentage of Israelis vaccinated, Greenblatt and his large family are hopeful they will be together to celebrate Passover this year. He adds, “I go in to work for about a half day. The object is mostly spent trying to understand adult vaccination. (See call for colleagues on page 5 for more detail).

1960s
Donald Urrea, M.D.  
(Rotating intern 1960-61, Medicine resident 1961-62) writes, “I’ve been retired from a group practice of Neurology since 1997. One of our partners was Lewis Hamilton, M.D. (Attending physician 1976-96). Our practice was in Scottsdale and Mesa, Ariz. My wife and I spend our summers between Corning and Watkins Glen, N.Y., but return to sunny Arizona by November. I loved the time I spent in Cooperstown and have many fond memories of the hospital and my fellow residents.”

Gurdon Hamilton, M.D.  
(Medicine resident 1968-69) After his year at Bassett, he completed an internal medicine residency at the University of Iowa, entered the South Pacific, studied at the University of Oregon, and was briefly in practice in Portland, Ore. These years led him to become a multi-purpose specialist in general medicine, geriatrics, addiction medicine and in public health at Marshfield Clinic in Marshfield, Wisc., where he served from 1975 to retirement in 2011. He wrote that he is “recently widowed with descendants scattered through Iowa and Minnesota. I am struggling to stay abreast in medicine. Also I am monitoring public health issues and assisting elderly health advocates of Stevens Point, Wisc., while evolving mentally and physically as expected with age.”

1970s
Daniel Kinderlehrer, M.D.  
(Flexible resident 1975-76, Medicine resident 1976-79) In 2016, he became quite ill with Lyme disease complicated by co-infections with Babesia and Bartonella. His long recovery led to a specialization in tick-borne infections and the release of a book called Recovery From Lyme: The Integrative Medicine Guide to the Diagnosis and Treatment of Tick-Borne Illness. He adds, “Since my recovery I have been living the good life in Colorado, away from Massachusetts, where my three daughters also became ill with Lyme disease. Every year (pre-COVID-19) all three come with my six grandkids for a family vacation in the mountains.”

1980s
Joseph R. Sellers, M.D.  
(Attending in Internal Medicine 1989-present) moved into the presidency of the Medical Society of the State of New York in April 2021. Board-certified in internal medicine and pediatrics, Sellers is the Physician Executive of the Bassett Medical Group.

Dr. Marina Bravin, her three daughters, Medicine resident Dr. Anu Shukla, Surgery resident Dr. Eunice Yang and medical student Brett Seeley-Hacker. Dr. Anke Wang also came but is not pictured.

1990s
Eric Bravin, M.D.  
(Medicine resident and chief resident 1994-98, attending hematology/oncology 2001-present) and Marina Bravin, M.D. (Medicine resident and chief resident 2001-05, attending dermatologist 2005-present) held their annual “Learn to XC Ski” weekend at the Bravin home in February and invited the medical students and residents to attend. “We had a great time teaching people to ski around our property.”

Silvia Picciafuoco, M.D. (Medicine intern 1995-96) After training at Bassett and at the Union Memorial Hospital program in Baltimore, she joined the Mid-Atlantic Permanente Medical Group of the Kaiser Permanente HMO system as a primary care physician in Washington, DC, and continued there for 22 years until retirement in 2020. She has fond memories of the time spent learning at Bassett. She adds, “I joined as an international graduate from Italy, and the welcoming academic environment of the Bassett Internal Medicine residency teaching faculty was extremely valuable and prepared me well for my future medical endeavors. I enjoyed working with the colleagues I met during my time at Bassett, and it would be great to reconnect, possibly at an alumni reunion at some point.” She remained in contact over the years with a few Bassett colleagues, including Dr. Linda Overholser (Transitional Year resident 1995-96) and Dr. Joseph Duncan (Medical resident 1995-96), and continued a friendship with Dr. Laurie Duncan (Medical resident 1994-97) as their professional paths crossed in the DC area. Newly retired, she’s enjoying free time and long daily walks. She hopes for more traveling when safe, possibly reconnecting with colleagues and visiting Bassett and Cooperstown again.

2000s
Erin McKay, D.O.  
(Medicine resident 2007-10, attending in Internal Medicine 2010-present) reports that Prime Care has kept her busy over the past decade. In 2021, her
**Family from page 4**

FTE hours were reduced somewhat. About a year ago, she assumed the position of medical director for the Otsego County Jail. In addition to seeing inmates in a medical capacity, she fills a role administratively reviewing/updating policies, procedures, and protocols.

**Michael Bahlatzis, D.P.M.**
(Attending podiatrist 2002-present) has almost 34 years of surgical practice experience. He retired from the Air Force/Air National Guard, as a Lt. Colonel, in 2014, following 20 years of military service. Both daughters, Angela and Ashley, are physician assistants working for the Dept. of Defense, Angela in Family Medicine at Ft. Bragg, N.C. and Ashley in Emergency Medicine at Ft. Riley, Kan. They were former Army active-duty captains, and each is presently married to an active-duty military officer. Bahlatzis feels that his professional success in the Bassett Healthcare Network is largely due to the great talent, hard work, and dedication of his fellow colleagues, nurses, and technicians in the network.

**Shelly Bhowmik, M.D.**
(Transitional Year resident 2012-13) who is assistant medical director, Digital Health, EHE Health, presented the topic: We’re All Human: Enhancing Physician Well-Being with Human-Centered Design at Medicine Grand Rounds on October 23, 2020.

**Kelly Currie, M.D.** (Surgery resident 2008-13) joined the Division of Plastic and Reconstructive Surgery at Washington University in St. Louis as an assistant professor.

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**Alum Calls for Colleagues Feedback**

Professor emeritus and Bassett intern from 1956-57, Dr. Charles Greenblatt continues his interest in research. According to Greenblatt, the focus of his current work is trying to understand adult vaccination. He sent the following explanation and asked for readers to respond:

“We have two published articles on the follow-up of superficial bladder cancer patients receiving BCG, and they showed a dramatically reduced incidence of Alzheimer’s Disease. Instilling BCG into people’s bladders cannot be thought of as a mass public health approach, but Harvard has independently confirmed the bladder cancer results, and is now doing BCG by jab. We got in this business when I read an article from Faustman (Denise Faustman, H.M.S. associate professor of medicine at Mass General) at Harvard claiming that two jabs of BCG brought the glucose values of juvenile diabetes down to the normal range, and another from Italy arguing that BCG could lengthen the remissions in MS. I felt these non-specific effects of this old TB vaccine needed follow-up. I would love to link up with any of The Cupola’s readers who have a “number cruncher” in their group looking at Alzheimer’s. BCG may have been given to your Covid-19 caregivers before the specific Covid-19 vaccine was available. Observing the resulting co-morbidities in this population might be very interesting.”

Greenblatt can be contacted at: charlesg@ekmd.huji.ac.il.

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**Bassett Partners with New York State to Staff Mass Vaccination Clinic at SUNY Oneonta**

Bassett Healthcare Network is assisting New York State by providing clinical staff at the newly established COVID-19 mass vaccination site at SUNY Oneonta that opened in mid-March.

“Bassett is extremely proud to partner with New York State, SUNY Oneonta, and other key stakeholders in our communities to launch this tremendous operation,” says Dr. Tommy Ibrahim, president & CEO of Bassett Healthcare Network. “This is a critical step forward for our region in the fight against COVID-19. We are grateful for all the efforts of the Governor and our State officials who have made this possible.”

Bassett Healthcare Network will deploy more than 30 clinical professionals to SUNY Oneonta per day, seven days a week, including physicians, advanced practice clinicians, pharmacists, nurses, pharmacy technicians, and data entry workers. New York State and the National Guard are supplementing daily staffing for administrative tasks like registration and patient navigation. Local county health departments will also support efforts with organization assistance and patient transportation.

“We’ve never seen a coordinated public health operation of this scale in the area Bassett serves,” says Kelly Rudd, PharmD, Bassett Healthcare Network’s director of Pharmacy Services. “The collaboration and support we’ve received is stunning. Employees across the network are lining up to be part of this incredible effort to prioritize the health of our family, friends, and neighbors.”

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**A reminder:**

Who are the members of the Bassett Medical Alumni Association?

You are past and current interns, residents and fellows. You are former and current members of the senior doctoral staff. And you are students of the Columbia-Bassett Medical School program or students who spent your final two years of medical school at Bassett.
2021 Residency Match Results Announced

All of Bassett’s residency programs had success in the 2021 Match through the National Resident Matching Program. The following is the roster of the first postgraduate year appointments for the 2021-22 academic year:

**General Surgery**
- Rahima Khatun, M.D., Pennsylvania State University, Hershey, Penn.
- Alex Kurtz, M.D., University of Washington School of Medicine, Seattle, Wash.
- Varun Mehta, M.D., University of Rochester School of Medicine and Dentistry, Rochester, N.Y.
- Lydia Rafferty, M.D., University of Wisconsin School of Medicine and Public Health, Madison, Wisc.
- Emily Sippel, M.D., Creighton University School of Medicine, Omaha, Neb.

**Internal Medicine**
- Sohaib Alkowni, M.D., University of Jordan Faculty of Medicine (Jordan)
- Madhav Chittimalla, M.B., B.S., Gandhi Medical College and Hospital (India)
- Cyrus De Souza, M.D., St. George’s University School of Medicine (Grenada)
- Muhammad Payaz, M.B., B.S., Khyber Medical College (Pakistan)
- Parikshya Giri Rijal, M.B., B.S., Chitwan Medical College (Nepal)
- Heлина Maharjan, M.B., B.S., International Medical College (Bangladesh)
- Aakriti Mainali, M.B., B.S., Nobel Medical College (Nepal)
- Vivian Matubia, M.D., St. George’s University School of Medicine (Grenada)
- Fnu Meena, M.B., B.S., Liaquat University of Medical and Health Sciences (Pakistan)
- Navalok Sharma Ghimire, M.B., B.S., B.P. Koirala Institute of Health Sciences (Nepal)
- Amna Shaukat, M.B., B.S., Services Institute of Medical Sciences (Pakistan)

**Transitional Year**
- Gaurav Cheraya, M.D., Medical College Baroda (India)
- Edward Kim, M.D., Albany Medical College, Albany, N.Y.
- Zachary Kiss, D.O., Rowan University School of Osteopathic Medicine, Stratford, N.J.
- Logan Koubek, D.O., University of Pikeville – Kentucky College of Osteopathic Medicine, Pikeville, Ky.
- Jason Lau, M.D., St. George’s University School of Medicine (Grenada)
- Eric Mishkin, M.D., St. George’s University School of Medicine (Grenada)
- Justin Ongkingco, D.O., New York Institute of Technology College of Osteopathic Medicine, Westbury, N.Y.
- Nikita Rajbandari, M.D., Kathmandu University School of Medical Sciences (Nepal)
- Christine Yang, M.D., Indiana University School of Medicine, Indianapolis, Ind.

First Cardiovascular Fellows Appointed

Two alumni of the Bassett’s Medical Residency Program have been selected as the first individuals to participate in a new three-year Cardiovascular Fellowship Program. Dr. Tarun Bathini, who received his medical degree from Kakatiya Medical College in India was a medicine resident from 2015 to 2018. After his residency, Bathini went on to serve as a hospitalist at the University of Arizona, Tucson, Ariz.

He will be joined by current resident, Dr. Bishesh Shrestha, who has been at Bassett since 2018. Shrestha completed his medical degree at the International Medical College in Bangladesh.

According to Dr. James T. Dalton, director of Medical Education, “This is a wonderful opportunity for Bassett as we begin our first ACGME accredited subspecialty fellowship. It is even more exciting that our first two fellows are outstanding graduates of Bassett’s Internal Medicine residency. They are acquainted with Bassett and Cooperstown and are well known to our faculty and staff—they will be able to get started without a lengthy orientation period.”

The fellows officially begin in July.

Bassett’s Adds Residency Videos to Website

To help applicants gain a better understanding of Cooperstown and the Bassett training experience, the Medical Education program added three videos highlighting aspects of general surgery, internal medicine, and transitional year residency programs from the perspective of current residents. Visit the Medical Education section of the Bassett website to watch these videos.

https://www.bassett.org/medical-education/residency-programs

Identity of those pictured on page 3 from L. to R.: Dr. Kenneth Wilkins, Jr. with an unidentified patient; attending physician Dr. Walter Franck; and residents Drs. Douglas DeLong; Stephen Buie and James Walker, Jr.

**See our latest news and updates at Bassett Medical Alumni Association**
Dr. Edward F. Danielski, Jr., was born in Greenfield, Mass., on July 12, 1930 and died at his home at age 90 in Cooperstown on February 14, 2021. A graduate of Harvard University, he obtained his medical degree from the College of Physicians and Surgeons of Columbia University in 1957. After residency at Bellevue Hospital, he served in France as Captain, M.C. in the U.S. Army, where he met his wife to be, Anne Marie Philippot de Miniere; they were married in 1960. After obtaining certification in Radiology, Radiotherapy and Nuclear Medicine in 1964, they moved to Cooperstown where he became associate radiologist at Bassett Hospital, working with Radiologist-in-Chief, Dr. Otto Sahler. In 1969 he left Bassett to establish and direct his own Radiology Department at Fox Hospital in Oneonta, where he worked until his retirement. He was a past president of the Fox Hospital Medical Staff and of the Otsego Chapter of the American Cancer Society. Through the years he also served to establish advances in radiology in the Dominican Republic and Tunisia. He was a gifted piano and harpsichord player. His wife of 60 years, Anne Marie Danielski, had passed away less than two months before his death. They are survived by multiple children and grandchildren.

Wanda Joan Filipski Noyes, age 98, passed away peacefully on March 24, 2021 in Cooperstown. Senior alumni will recall her with affection, a thoughtful and responsible professional who served for over 30 years as secretary for Bassett Surgeons-in-Chief Dr. John H. Powers and Dr. David A. Blumenstock. Noyes felt pride at the hospital’s expert medical care, love for her many friends and respect for the accomplishments of colleagues. She and her late husband Jack Noyes lived on a small farm in Springfield Center for over 40 years. She is survived by her three children, grandchildren, great-grandchildren and many other family members.

Bassett Healthcare Network is pleased to announce that former New York State Senator James Seward has agreed to join Bassett Healthcare Network in an advisory capacity as a strategic affairs liaison. Given the former senator’s decades of public service and intimate knowledge of the communities served by Bassett, he will contribute valuable insight as the network seeks to enhance its services to the individuals and families living in rural central New York.

“I wanted to continue actively serving our communities and improving our quality of life after leaving the Senate,” explains Seward. “What better way than by collaborating with Bassett? I will be advising on strategic initiatives to advance the network, improve the patient experience, and strengthen Bassett’s ties in the community.”

Seward retired from the State Senate in December after representing New York’s 50th and 51st Districts for 34 years. “I’m ready to tackle new things. But I’m also glad to do this on a part-time basis. I do want to smell the roses a bit, too.”
Bequests to Bassett: What Will Your Legacy Be?

When you have accomplished much in your life, it may seem out of character not to take an active role in planning for when you are gone. Yet surveys have consistently found that two-thirds of Americans do not have a will. If you are one of them, you may be missing the opportunity to distribute your assets in a way that is in alignment with what you care most deeply about.

When you do not have a will, state laws determine how your possessions will be handled. These laws may not reflect your particular interests or family structure. And the state will not take into consideration your philanthropic interests.

Bequests have had a meaningful impact on Bassett Medical Center and the medical education program. Gifts to the medical education endowment and other education-related funds have underwritten the costs of special programs and opportunities. Bequests are a way to demonstrate your commitment to the Bassett education mission and to ensure that the institution carries on the type of training that has meant so much to you.

Donors who have committed to naming Bassett as a beneficiary in their wills are recognized by the Friends of Bassett as Cupola Society members, a reference to the distinctive cupola atop the hospital that was placed there to honor Mary Imogene Bassett, the physician for whom the hospital was named. A look at the Cupola Society section of the latest Friends annual report (contact the Friends if you would like a copy) may reveal the names of colleagues and teachers familiar to you.

If you decide that you would like to include Bassett in your will, you can update an existing document with a codicil or ask your attorney to include the following language in your new will:

“I give and devise to Friends of Bassett Healthcare Network (Tax ID #23-7041610), located in Cooperstown, NY, all (or state a percentage) of the rest, residue, and remainder of my estate, both real and personal, to be used for the medical education program at Bassett Medical Center.”

If you choose to honor your time at Bassett with a bequest, know that your gift will be deeply appreciated and that your name will be added to the list of all the others who wished to be remembered for supporting this institution.

For more information on legacy gifts or to let the Friends know that we should add you to the Cupola Society, please contact Joanne Tobey, director of the Friends of Bassett, at 607-547-3928.