

Bassett Community Health Navigation Network News

What's Happening?

Trainings:

March Excellus trainings were sent out in an email to supervisors on 2/19/26.

Aids institute continues to offer a variety of trainings. You must have an account on www.hivtrainingny.org to register for the modules. When sending training certificates be sure to indicate the number of hours for each course.

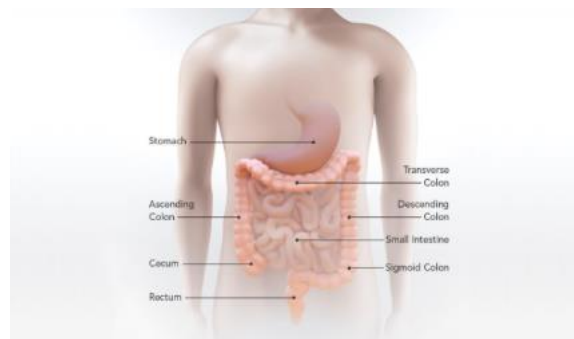
Please continue to send in all training certificates to Bridget to receive credit for the annual training requirement.

Diagnosis Spotlight:

Colorectal Cancer Awareness Month

<https://www.cdc.gov/colorectal-cancer/about/index.html>

Cancer is a disease in which cells in the body grow out of control. When cancer starts in the colon or rectum, it is called colorectal cancer. Sometimes it is called colon cancer, for short. The colon is the large intestine or large bowel. The rectum is the passageway that connects the colon to the anus.



Location of the stomach, small intestine, cecum, ascending colon, transverse colon, descending colon, sigmoid colon, and rectum.

Sometimes abnormal growths, called polyps, form in the colon or rectum. Over time, some polyps may turn into cancer. [Screening tests](#) can find polyps so they can be removed before turning into cancer. Screening also helps find colorectal cancer at an early stage, when treatment works best.

If you are 45 years old or older, talk to your doctor about screening. If you think you may be at increased risk for colorectal cancer, [speak with your doctor](#) about when to begin screening, which test is right for you, and how often to get tested.

http://online2.bassett.org/pted/docs/edu_Colorectal_Cancer_Screening_Options4.pdf



Colonoscopy FAQs

What is a colonoscopy?
A colonoscopy is a screening exam that looks for colorectal cancer. It allows for a provider to closely look at the entire colon and rectum for polyps that may be cancerous or at risk for becoming cancerous.

Do I need one?
The American College of Gastroenterology recommends screening for colon cancer at age 50 for people who are not at increased risk and age 45 for African Americans and others who are at increased risk.

Why is it important?
Colonoscopies not only detect colorectal cancer but can also prevent it.

Don't take risks with your health, get screened today. Call your primary care provider for an appointment.

We offer colorectal services at four convenient locations:

Bassett Medical Center
Cooperstown, NY
607-547-3434

Oneonta Specialty Services
Oneonta, NY
607-433-6300

Cobleskill Regional Hospital
Cobleskill, NY
518-254-3456

Herkimer Health Center
Herkimer, NY
315-867-2700

Colorectal Services

Evaluation and treatment of colorectal diseases





 Bassett Healthcare Network
One Atwell Road
Cooperstown, NY 13326
(607) 547-3456 • 1-800-BASSETT
www.bassett.org

 Bassett Healthcare Network

Associated GAPS in Care

The Colorectal Cancer Screening guideline recommends that people 45 to 75 get the appropriate screening.

What's included in the measure?

- Colonoscopies performed during the measurement year or within the nine prior years
- Flexible sigmoidoscopies performed during the measurement year or within the four prior years
- Fecal occult blood tests (FOBT)
- Computerized tomography (CT) colonographies
- Fecal immunochemical tests (FIT)-DNA (Cologuard®) tests

Community Resources

This month we would like to share some helpful community resource guides for each of the counties served.



Broome

[DSS MentalHealth Resources PocketGuide 2024 large.pdf](#)

Chenango

[Resources | Chenango County, NY](#)

Delaware

[Community Resources | Delaware Opportunities Inc.](#)

[Delaware County](#)

Fulton/Montgomery

[Public Health - CSHCN Fulton County Public Health Guide.pdf](#)

Herkimer

[Community Resources - Herkimer County Prevention Council](#)

Madison

[2025-CAP-Madison-County-Resources-Booklet.pdf](#)

Oneida

[ONEIDA HEALTHCARE CENTER](#)

Otsego

[FINAL Otsego County NY Connects Resource Directory 11/2024](#)

Schenectady

[MEMBER RESOURCE BANK SCHENECTADY.pdf](#)

Schoharie

[2020directory.pdf](#)