

Completed by: Amy Beveridge O'Connor Hospital
E-mail: amy.beveridge@oconnorhosp.org

Amy Beveridge, O'Connor Hospital
amy.beveridge@oconnorhosp.org

Amy Beveridge
amy.beveridge@oconnorhosp.org

Priority	Focus Area	Goal	Objectives	Disparities	Interventions/Strategies/Activities	Family of Measures	2018 Progress to Date	Implementation Partner <i>(Please select one partner from the dropdown list per row)</i>	Partner Role(s)	Strengths	Challenges? How will they be addressed?
Prevent Chronic Diseases	Increase access to high quality chronic disease preventive care and management in both clinical and community settings	Promote culturally relevant chronic disease self-management education	Patients with Chronic Disease or and/or their caregivers will learn ways to manage their disease.	Rural residents living below the poverty level	Two six week Stanford University Chronic Disease Self-Management programs (CDSMP) will be offered annually.	Number of CDSMP programs offered.	O'Connor Hospital collaborated with the Bassett Research Institute to advertise CDSMP classes in the hospital service area. 1 class series was completed.	Community-based organizations	Conducted class.	By collaborating with a community based organizations it is possible for a class series to be held in the hospital service area.	O'Connor Hospital has determined it does not have the staff to conduct classes ourselves. The hospital will address this by continuing to partner with other organizations to hold the CDSMP classes in the hospital's service area. The hospital will work with other organizations to secure free space for organizations to host classes. The hospital will assist with advertising and promoting classes in the service area.
Prevent Chronic Diseases	Increase access to high quality chronic disease preventive care and management in both clinical and community settings	Promote culturally relevant chronic disease self-management education	Patients with Chronic Disease or and/or their caregivers will learn ways to manage their disease.	Rural residents living below the poverty level	Work with others to conduct CDSMP classes in the hospital service area.	Number of participants initiating and completing program.	O'Connor Hospital collaborated with the Bassett Research Institute to conduct CDSMP classes in the hospital service area. 1 class series was completed.	Community-based organizations	Conducted class.	By collaborating with a community based organization it is possible for a class series to be held in the service area.	O'Connor Hospital has determined it does not have the staff to conduct classes ourselves. We will address this by continuing to partner with other organizations to hold the classes in the hospital's service area. The hospital will work with other locations to secure free space for organizations to host classes. The hospital will assist with advertising and promoting classes in the service area.
Prevent Chronic Diseases	Increase access to high quality chronic disease preventive care and management in both clinical and community settings	Promote culturally relevant chronic disease self-management education	Patients with Chronic Disease or and/or their caregivers will learn ways to manage their disease.	Rural residents living below the poverty level	Hold at least 1 Chronic Disease Self-Management Program Peer Leader Training.	Number of participants completing peer leaders training	1 OCH employee trained in CDSMP	Community-based organizations	n/a	Due to unforeseen circumstances the one employee trained in CDSMP did not conduct any classes in the service area.	O'Connor Hospital has determined it does not have the staff to conduct classes ourselves. We will address this by continuing to partner with other organizations to hold the classes in our area. The hospital will work with other organizations to secure free space to host classes. The hospital will assist with advertising and promoting classes.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Three (3) municipalities will pass Complete Streets policies by 12.31.18; One (1) municipality will complete a Complete Streets project by 12.31.18.; Increase percentage of adults who participate in leisure time physical activity from 75% to 76% by 12.31.18.	Rural residents living below the poverty level	Increase the number of municipalities that have Complete Streets policies.	Number and percent of residents that reside in jurisdiction with Complete Streets policies, plans, and practices.	10 municipalities and SUNY Delhi have passed complete street policies.	Local governmental unit	Support and Technical Assistance.	Having local officials involved made the difference in having local governments pass Complete Street policies	Time and resources for the hospital to focus on Complete Street initiatives. Complete Streets does not directly align with other services offered by the hospital. Making it difficult to find staff competent to work on this initiative. Difficult to allocate other resources, as well. The hospital addressed this by applying for a grant from the local Rural Health Alliance with offsets some cost.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Three (3) municipalities will pass Complete Streets policies by 12.31.18; One (1) municipality will complete a Complete Streets project by 12.31.18.; Increase percentage of adults who participate in leisure time physical activity from 75% to 76% by 12.31.18.	Rural residents living below the poverty level	Increase the number of municipalities that have Complete Streets policies.	Percent of roads in a jurisdiction that become subject to Complete Streets policies, plans, and practices.	100% of city roads (514 miles) and 25% (413. miles) of town and village roads are subject to Complete Street policies.	Local governmental unit	Support and Technical Assistance.	Having local officials involved made the difference in having local governments pass Complete Street policies	Time and resources for the hospital to focus on Complete Street initiatives. Complete Streets does not directly align with other services offered by the hospital. Making it difficult to find staff competent to work on this initiative. Difficult to allocate scarce resources when there is no direct benefit to a service line. The hospital addressed this by applying for a grant from the local Rural Health Alliance with offsets some cost.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Three (3) municipalities will pass Complete Streets policies by 12.31.18; One (1) municipality will complete a Complete Streets project by 12.31.18.; Increase percentage of adults who participate in leisure time physical activity from 75% to 76% by 12.31.18.	Rural residents living below the poverty level	Increase the number of municipalities that have Complete Streets policies.	Number of municipalities where new or enhanced policies, plans and practices that promote Complete Streets are proposed.	10 municipalities and SUNY Delhi have passed complete street policies in Delaware County, NY. Town of Colchester, Village of Franklin, Town of Middletown, Village of Davenport, Village of Delhi, Town of Delhi, Village of Sidney, Village of Walton, Delaware County, and SUNY Delhi.	Local health department	Advocating, supporting, guiding.	Passing policies requires support from that municipalities constituents, community groups and lots of support.	Time and resources for the hospital to focus on Complete Street initiatives. Complete Streets does not directly align with other services offered by the hospital. Making it difficult to find staff competent to work on this initiative. Difficult to allocate scarce resources when there is no direct benefit to a service line. The hospital addressed this by applying for a grant from the local Rural Health Alliance with offsets some cost.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Three (3) municipalities will pass Complete Streets policies by 12.31.18; One (1) municipality will complete a Complete Streets project by 12.31.18.; Increase percentage of adults who participate in leisure time physical activity from 75% to 76% by 12.31.18.	Rural residents living below the poverty level	Advocate for and advertise newly constructed on maintained safe sidewalks, bike lanes, recreational facilities, parks, and other amenities.	Number of newly constructed infrastructure to support alternative transportation.	Continue to make progress to the O'Connor Hospital Fitness Trail.	Community-based organizations	Secured funding from the Delaware County Rural Health Alliance.	Improvements would not have been possible without outside funding.	None at this time.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Three (3) municipalities will pass Complete Streets policies by 12.31.18; One (1) municipality will complete a Complete Streets project by 12.31.18.; Increase percentage of adults who participate in leisure time physical activity from 75% to 76% by 12.31.18.	Rural residents living below the poverty level	Advocate for and advertise newly constructed on maintained safe sidewalks, bike lanes, recreational facilities, parks, and other amenities.	Number of municipalities who have implemented strategies that support cycling and walking.	10 municipalities and SUNY Delhi have passed complete street policies in Delaware County, NY. Town of Colchester, Village of Franklin, Town of Middletown, Village of Davenport, Village of Delhi, Town of Delhi, Village of Sidney, Village of Walton, Delaware County, and SUNY Delhi.	Local health department	Advocating, supporting, guiding.	Passing policies requires support from that municipalities constituents, community groups and lots of support.	Time and resources for the hospital to focus on Complete Street initiatives. Complete Streets does not directly align with other services offered by the hospital. Making it difficult to find staff competent to work on this initiative. Difficult to allocate scarce resources when there is no direct benefit to a service line.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Increase the percent of youth and adults that participate in leisure time physical activity.	Rural residents living below the poverty level	Sustain utilization of Prescription Trails Program through: 1) promotion of Get Out and Walk website; 2) implementation of a tracking system which uses smart phrases in the Electronic Medical Record (EMR); and 3) identification and demarcation of existing trails.	Number of EMR systems which implement tracking system.	None.	Hospital	Implement smart phrase in EMR	n/a	Implementation of this initiative in the EMR was not a priority. Providers have lost interest. The hospital continues to promote walking, biking, and hiking routes and trails in the county. The hospital discontinued asking providers to write prescriptions for patients to get physical activity.

Completed by: Amy Beveridge O'Connor Hospital
E-mail: amy.beveridge@oconnorhosp.org

Amy Beveridge, O'Connor Hospital
amy.beveridge@oconnorhosp.org

Amy Beveridge
amy.beveridge@oconnorhosp.org

Priority	Focus Area	Goal	Objectives	Disparities	Interventions/ Strategies/Activities	Family of Measures	2018 Progress to Date	Implementation Partner <i>(Please select one partner from the dropdown list per row)</i>	Partner Role(s)	Strengths	Challenges? How will they be addressed?
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Increase the percent of youth and adults that participate in leisure time physical activity.	Rural residents living below the poverty level	Sustain utilization of Prescription Trails Program through: 1) promotion of Get Out and Walk website; 2) implementation of a tracking system which uses smart phrases in the Electronic Medical Record (EMR); and 3) identification and demarcation of existing trails.	Number of times the smart phrases are found in the patients' medical records.	n/a	Hospital	n/a	n/a	Implementation of this initiative in the EMR was not a priority. Providers have lost interest. The hospital continues to promote walking, biking, and hiking routes and trails in the county. The hospital discontinued asking providers to write prescriptions for patients to get physical activity.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Increase the percent of youth and adults that participate in leisure time physical activity.	Rural residents living below the poverty level	Advocate for and advertise newly constructed on maintained safe sidewalks, bike lanes, recreational facilities, parks, and other amenities.	Number of trails that have been identified and marked.	Delhi Hiking Trails, Bramley Mountain Hiking Trail, O'Connor Hospital Fitness Trail have all been constructed and advertised by the hospital.	Hospital	Support	Delhi Hiking trails average five hikers per day and the O'Connor Hospital fitness trails averages 3 hikers per day. Spring, Summer, and Fall are the busiest seasons. There is a significant decrease in use during winter months. Delhi Hiking trails and Bramley Mtn Trail have been featured in local, regional, as well as state and national tourism publications.	None at this time.
Prevent Chronic Diseases	Reduce obesity in children and adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	Increase the percent of youth and adults that participate in leisure time physical activity.	Rural residents living below the poverty level	Advocate for and advertise newly constructed on maintained safe sidewalks, bike lanes, recreational facilities, parks, and other amenities.	Number of visits to the Get Out and Walk website.	getoutandwalk.org has 3,000 hits annually.	Local health department	support.	n/a	Have not had resources to promote the getoutandwalk.org website. Complete Street coalition is looking at using funding from the Rural Health Alliance to address this weakness in 2019.