Multi-Institutional Peer Support of Central NY
(MIPS-CNY)
clinicianpeertopeer@bassett.org
(607) 547-3244

Confidential peer support is available for physicians, advanced practice clinicians, nurses, residents, and behavioral health clinicians.

In especially stressful times, clinicians can speak confidentially with a trained peer supporter from one of our partner organizations.

If a particularly stressful event is identified, trained supporters will proactively reach out to offer one-on-one peer support.

To self-refer, or to refer a colleague:

➢ Email: clinicianpeertopeer@bassett.org
➢ Call: (607) 547-3244

To refer, you will need:

➢ The name of the person and their general job (physician, nurse, resident, APC, or behavioral health clinician) and where they work (surgery, ER, outpatient, etc.).
➢ The person’s contact information.
➢ The institution where they practice.
➢ A brief statement about your concerns.

A trained peer-supporter will reach out to you by email to arrange for a mutually convenient time to talk.

*This program is confidential, and participation is voluntary.
Multi-Institutional Peer Support Process

- A clinician can self-refer or be referred by a colleague, EAP, or Risk Management

- MIPS Coordinator matches staff to trained peer supporter in partner organizations

- Trained peer supporter reaches out to identified peer and offers peer support, resources, and referral to outside agencies as applicable

- MIPS Coordinator confirms contact with identified peer and reports if referrals were made

Case Closed
About the Program

MIPS

➢ Provides easily accessible, personal, and confidential peer support to clinicians at times of high stress.
➢ Peer support is available to:
  o Physicians
  o Nurses
  o Advanced practice clinicians
➢ Peer support helps decrease stress.
➢ Peer supporters are clinicians who volunteered to assist fellow colleagues.
➢ The MIPS program enhances anonymity by connecting clinicians with peer supporters from our partner organizations.

***Please note that MIPS is NOT an emergency service. Should you or the person you are referring require urgent assistance, call 911 or your local crisis hotline.

Mental Health Hotlines

➢ Mobile Crisis Assessment Team (MCAT) at (315) 732-6228 or (844) 732-6228.
  o MCAT provides crisis help to adults and children in Oneida, Herkimer, Schoharie, Otsego, Delaware, and Chenango Counties.
➢ Liberty Resources Mobile Crisis Team – Onondaga County
  o Call: (315) 251-0800, email: info@liberty-resources.org, or visit: www.liberty-resources.org
➢ Fulton / Montgomery Counties: (518) 842-9111
➢ Albany County Mobile Crisis Team: (518) 549-6500
➢ Columbia / Greene Counties MCAT: (518) 943-5555 (MCAT 12:00pm – 8:00pm)
➢ Madison County: (315) 366-2327, and press 1 (5:00pm – 8:00am)
➢ Schenectady County Mobile Crisis: (518) 292-5499 (M–F 8:00am – 10:00pm, and Sat.–Sun. 11:00am – 7:00pm)

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