

**Multi-Institutional Peer Support of Central NY
(MIPS-CNY)**

clinicianpeertopeer@bassett.org

(607) 547-3244

Confidential peer support is available for physicians, advanced practice clinicians, nurses, residents, and behavioral health clinicians.

In especially stressful times, clinicians can speak confidentially with a trained peer supporter from one of our partner organizations.

If a particularly stressful event is identified, trained supporters will proactively reach out to offer one-on-one peer support.

To self-refer, or to refer a colleague:

- **Email:** clinicianpeertopeer@bassett.org
- **Call:** (607) 547-3244

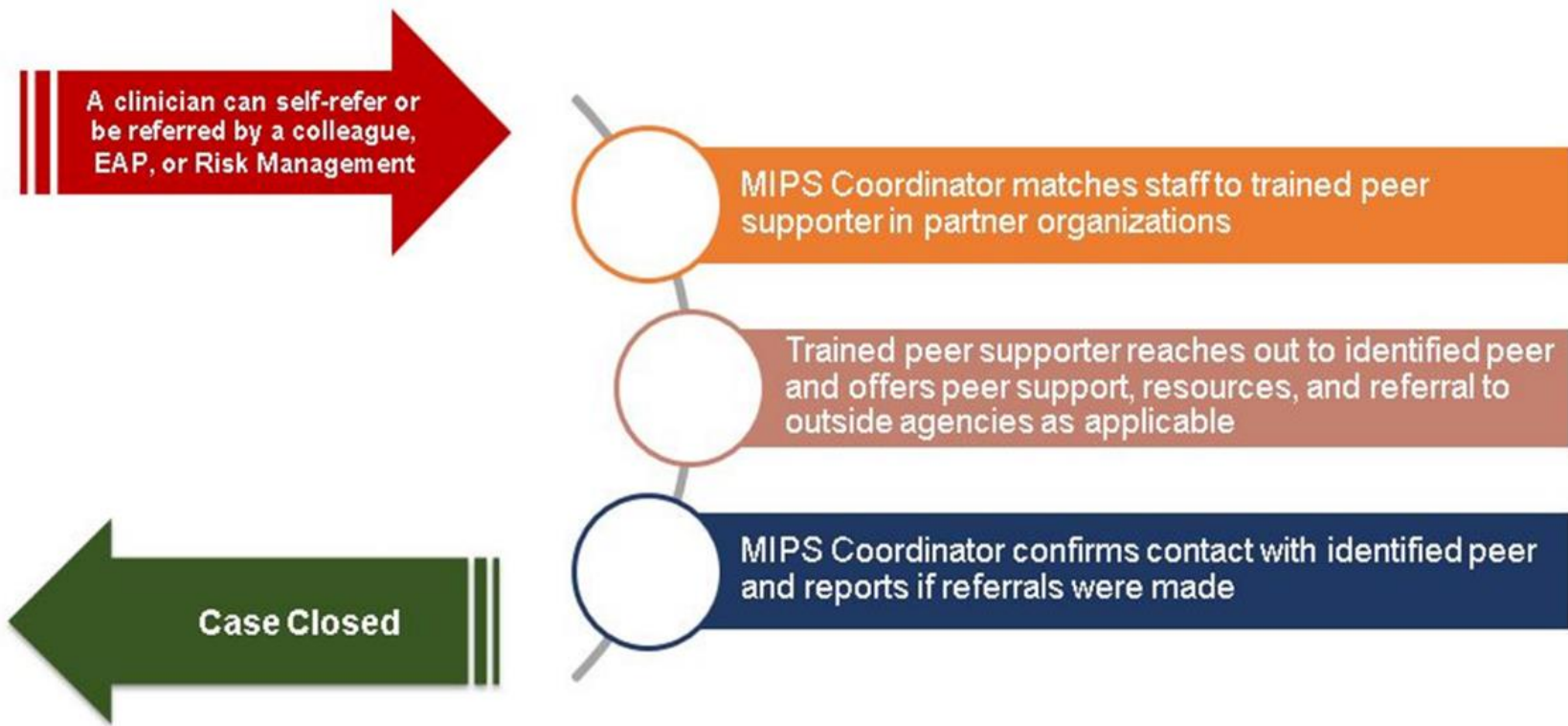
To refer, you will need:

- The name of the person and their general job (physician, nurse, resident, APC, or behavioral health clinician) and where they work (surgery, ER, outpatient, etc.).
- The person's contact information.
- The institution where they practice.
- A brief statement about your concerns.

A trained peer-supporter will reach out to you by email to arrange for a mutually convenient time to talk.

**This program is confidential, and participation is voluntary.*

Multi-Institutional Peer Support Process



About the Program

MIPS

- Provides easily accessible, personal, and confidential peer support to clinicians at times of high stress.
- Peer support is available to:
 - Physicians
 - Nurses
 - Advanced practice clinicians
 - Residents and fellows in training
 - Behavioral health clinicians
- Peer support helps decrease stress.
- Peer supporters are clinicians who volunteered to assist fellow colleagues.
- The MIPS program enhances anonymity by connecting clinicians with peer supporters from our partner organizations.

*****Please note that MIPS is NOT an emergency service. Should you or the person you are referring require urgent assistance, call 911 or your local crisis hotline.**

Mental Health Hotlines

- **Mobile Crisis Assessment Team (MCAT)** at (315) 732-6228 or (844) 732-6228.
 - MCAT provides crisis help to adults and children in Oneida, Herkimer, Schoharie, Otsego, Delaware, and Chenango Counties.
- **Liberty Resources Mobile Crisis Team – Onondaga County**
 - Call: (315) 251-0800, email: info@liberty-resources.org, or visit: www.liberty-resources.org
- **Fulton / Montgomery Counties:** (518) 842-9111
- **Albany County Mobile Crisis Team:** (518) 549-6500
- **Columbia / Greene Counties MCAT:** (518) 943-5555 (MCAT 12:00pm – 8:00pm)
- **Madison County:** (315) 366-2327, and press 1 (5:00pm – 8:00am)
- **Schenectady County Mobile Crisis:** (518) 292-5499 (M–F 8:00am – 10:00pm, and Sat.–Sun. 11:00am – 7:00pm)

The MIPS program is possible thanks to volunteer clinicians from Bassett Healthcare Network, Upstate Medical University, The Mohawk Valley Health Systems, and Oneida Health, and through a generous grant from the [NYS Health Foundation](#).