

# CAROLINE GOMEZ-DI CESARE MD, PHD, FAAP, FACP

## PROFESSIONAL SUMMARY

Attending Physician, Internal Medicine and Pediatrics

Physician Champion / Medical Director and Investigator: Clinical, Administrative and Support Staff Resiliency

## PROFESSIONAL RECOGNITIONS

**AMERICAN COLLEGE OF PHYSICIANS WELLBEING CHAMPION**

April, 2019

**WILLIAM G STRECK, MD, FELLOWSHIP IN HEALTH POLICY AND MANAGEMENT**

December, 2017

**NCQA LEVEL 3 PATIENT CENTERED MEDICAL HOME CERTIFIED PRACTICE**

**BASSETT HEALTHCARE INNOVATION AWARD**

For the development of a multi-disciplinary team approach to patients with metabolic disorders using a group visit model

## CREDENTIALS

Fellow, American Board of Internal Medicine

Fellow, American Academy of Pediatrics

Licensed, State of New York

## EXPERIENCE

**ATTENDING PHYSICIAN, CLINICAL INSTRUCTOR, PHYSICIAN CHAMPION / MEDICAL DIRECTOR AND INVESTIGATOR: CLINICAL, ADMINISTRATIVE AND SUPPORT STAFF RESILIENCY – Bassett Healthcare Network**

January 2017 - present

**ATTENDING PHYSICIAN - Whitney M. Young Health Center, Albany and Watervliet, NY**

September 2015 – December 2016

**ATTENDING PHYSICIAN, CLINICAL INSTRUCTOR – Bassett Healthcare**

October 1998 – August 2015

## EDUCATION

**DIPLOMAT**

Baylor Affiliated Hospitals, Baylor College of Medicine, Houston Texas. Internal Medicine and Pediatrics Combined Residency, 1998

**MD, PHD**

Albany Medical College, Albany, New York. Developmental Neuroanatomy, 1994

**BACHELOR OF ARTS**

Harvard – Radcliffe Colleges, Cambridge, Massachusetts, 1987

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**AFFILIATIONS****AMERICAN COLLEGE OF PHYSICIANS (FELLOW)****AMERICAN COLLEGE OF PEDIATRICS (FELLOW)****MEDICAL SOCIETY OF THE STATE OF NEW YORK**

Committee on Physician Wellness and Resilience - Chair, Organizational Interventions Subcommittee

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**COMMUNITY SERVICE****BOARD OF DIRECTORS, SCHOHARIE COUNTY COMMUNITY SERVICES BOARD, 2003-2007**

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**PUBLICATIONS**

Arnhart K, Privitera MR, Fish, E, Young A, Hengerer AS, Chaudhry HJ, Dowling F, Gomez-Di Cesare C, Atallah F, Staz M. Physician Burnout and Barriers to Care on Professional Applications. *Journal of Legal Medicine*. 39 (3): 235-246, 2019

Sellers, K M. Riley, D. Denny, D. Rogers, J-M. Havener, T. Rathbone and C. Gomez-Di Cesare. Retention of Nurses in a Rural Environment: The Impact of Job Satisfaction, Resilience, Grit, Engagement, and Rural Fit. *Online Journal of Rural Nursing and Health Care*, 19 (1): 4-42, 2019

Privitera, M., F. Atallah, F. Dowling, C.M. Gómez – Di Cesare, A. Hengerer, K Arnhart, A. Young, M Staz. Physicians' electronic health records use at home, job satisfaction, job stress and burnout. *Journal of Hospital Administration* 7:52-59, 2018

Privitera, M., C.M. Gómez – Di Cesare and T. Bedient. Burnout Reduction for the Individual Clinician. *Medical Society of the State of New York, News of New York* October, 2017

Gómez – Di Cesare, C.M, K.L. Smith, F.L. Rice and J.W. Swann. Axonal modeling during postnatal maturation of CA3 hippocampal pyramidal neurons. *Journal of Comparative Neurology* 384: 1-17, 1997.

Gómez – Di Cesare, C.M, K.L. Smith, F.L. Rice and J.W. Swann. Anatomical properties of fast spiking cells that initiate synchronized population discharges in immature hippocampus. *Neuroscience* 75:83-97, 1996.

Swann, J.W. and C.M. Gómez – Di Cesare. Developmental Plasticity and hippocampal epileptogenesis. *Hippocampus* 4: 266-269, 1994.

Rice, F.L., C.M. Gómez, S.S. LeClerc, R.W. Dykes, J.S. Moon and K. Pourmoghadam. Cytoarchitecture of the ferret suprasylvian gyrus correlated with areas containing multiunit responses elicited by stimulation of the face. *Somatosensory and Motor Research* 10: 161-188, 1993.

LeClerc, S.S., F.L. Rice, R.W. Dykes, K. Pourmoghadam and C.M. Gómez. Electrophysiological examination of the representation of the face in the suprasylvian gyrus of the ferret: a correlative study with cytoarchitecture. *Somatosensory and Motor Research* 10:133-159, 1993.

Swann, J.W., K.L. Smith, C.M. Gómez and R.J. Brady. The ontogeny of hippocampal local circuits and focal epileptogenesis. In *Molecular Neurobiology of Epilepsy (Epilepsy Research – Supplement)* 9:115-125, 1992.

Tarentino, A.L., C.M. Gómez and T.H. Plummer, Jr. Deglycosylation of Asparagine-linked glycans by Peptide:N-Glycosidase F. *Biochemistry* 24: 4665-4671, 1985.

Rice, F.L., C.M. Gómez, C. Barstow, A. Burnet and P. Sands. A comparative analysis of the development of the primary somatosensory cortex: interspecies similarities during barrel and laminar development. *Journal of Comparative Neurology* 236: 477-495, 1985.

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**RECENT  
PRESENTATIONS**

**“BUILDING WORKFORCE WELL-BEING AND IMPROVING RESILIENCY AT BASSETT HEALTHCARE - A JOURNEY BEGUN”** Presented At The Medical Society Of The State Of New York House Of Delegate Meeting, March 22, 2018

**“ENGENDERING CURIOSITY TO ENHANCE COMMUNICATION: CREATING A SAFER ORGANIZATIONAL CULTURE AND INCREASING WORKFORCE RESILIENCE”**, Poster Presentation At The International Conference On Physician Health, October 11, 2018

**“PROMOTING WELL-BEING AT BASSETT HEALTHCARE - SURVEY RESULTS – PHYSICIANS, DENTISTS AND ADVANCED PRACTICE CLINICIANS”** Presented At Medical Director Semi-Annual Dinner Meeting, October 24, 2018

**“PROMOTING WELL-BEING AT BASSETT HEALTHCARE”** Presented At

- Primary Care Conference At Cobleskill Regional Hospital, September 19, 2018
- Surgical Grand Rounds At Bassett Medical Center, November 19, 2018
- Interdepartmental Grand Rounds At Bassett Medical Center, November 21, 2018
- Medical Grand Rounds At Bassett Medical Center, January 25, 2019

**“DIAGNOSTIC MOMENTUM (AND OTHER COGNITIVE ERRORS...)”** Presented At The Bassett Healthcare Advanced Practice Clinician Academy, February 26, 2019

**“ENHANCING MEANINGFULNESS AND WELL-BEING IN THE WORKPLACE – PART 1”**, Bassett Medical Center, hospital leadership, June 3, 2019

**“ENHANCING MEANINGFULNESS AND WELL-BEING IN THE WORKPLACE – PART 2”**, Bassett  
Medical Center, hospital leadership, November 21, 2019