

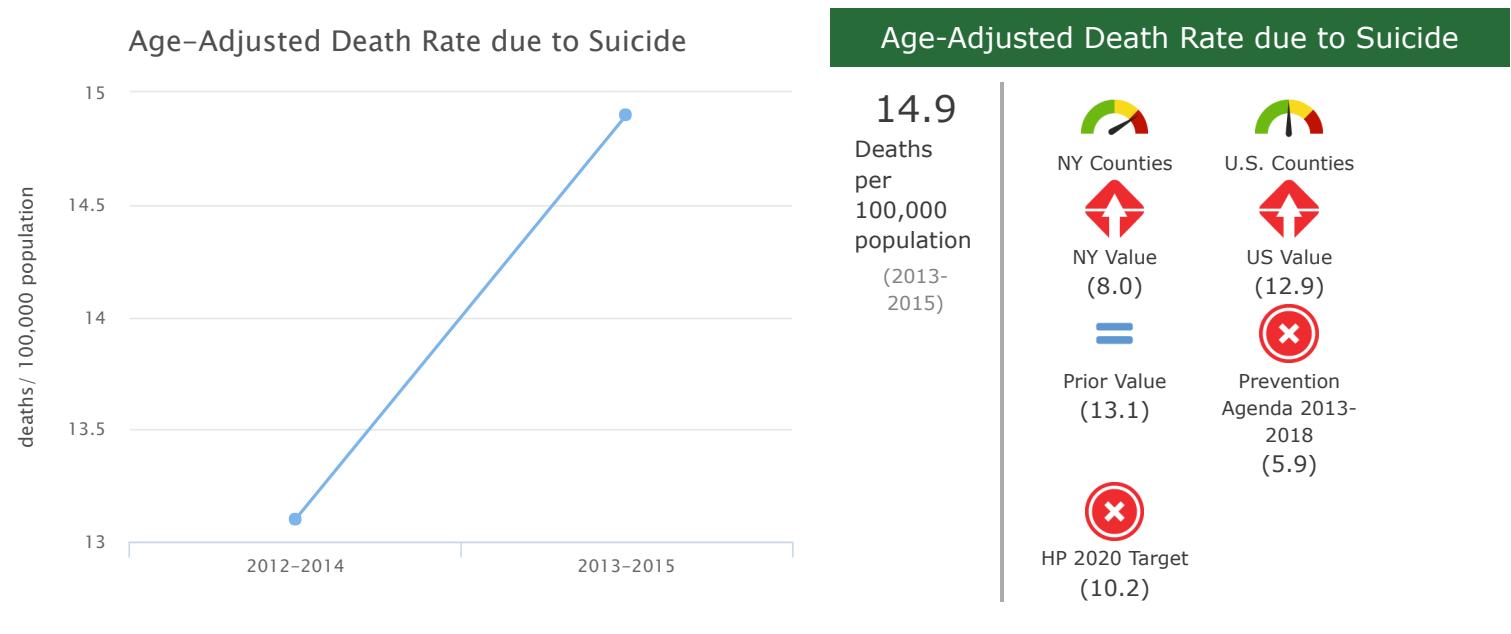
Region: Mohawk Valley

Age-Adjusted Death Rate due to Suicide

This indicator shows the age-adjusted death rate per 100,000 population due to suicide.

Suicide is a leading cause of death in the United States, presenting a major, preventable public health problem. More than 33,000 people kill themselves each year according to the Centers for Disease Control and Prevention, but suicide deaths only account for part of the problem. An estimated 25 attempted suicides occur per every suicide death, and those who survive suicide may have serious injuries, in addition to having depression and other mental problems. Other repercussions of suicide include the combined medical and lost work costs on the community, totaling to over \$30 billion for all suicides in a year, and the emotional toll on family and friends. Men are about four times more likely than women to die of suicide, but three times more women than men report attempting suicide. Suicide occurs at a disproportionately higher rate among adults 75 years and older.

The Healthy People 2020 national health target is to reduce the suicide rate to 10.2 deaths per 100,000 population.

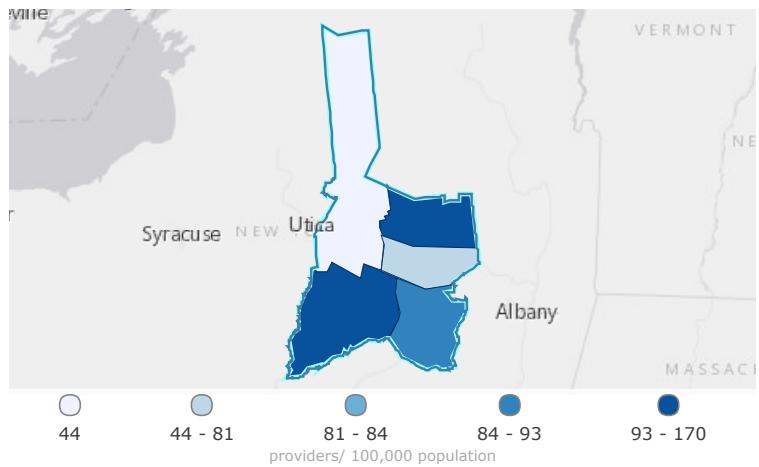


Mental Health Provider Rate

This indicator shows the mental health provider rate in providers per 100,000 population.

Mental health providers include psychiatrists, psychologists, licensed clinical social workers, counselors, and advanced practice nurses specializing in mental health care.

Psychological distress can affect all aspects of our lives. It is important to recognize and address potential psychological issues before they become critical. Occasional down days are normal, but persistent mental/emotional health problems should be evaluated and treated by a qualified professional. Delays in mental health treatment can lead to increased morbidity and mortality, including the development of various psychiatric and physical comorbidities. In addition, it can lead to the adoption of life-threatening and life-altering self-treatments (e.g., licit and illicit substance abuse).



Mental Health Provider Rate

Location	Providers per 100,000 population
Region: Mohawk Valley	84
County: Herkimer	44
County: Montgomery	81
County: Schoharie	93
County: Fulton	102
County: Otsego	170

Mental Health Provider Rate

84 Providers per 100,000 population

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