



Bassett Healthcare Network

Bassett Medical Center

Medication List for Pregnancy

Now that you are pregnant, you may be wondering about what medications are safe to use.

The following is a list of medications that we feel are safe to use during your pregnancy. If you are in doubt about using a medication, especially if it is not on this list, please consult with your provider or the Birthing Center.

If you are currently on a medication for medical reasons, speak with an OB provider to check on the safety of using during your pregnancy. To keep you and your baby healthy, it is important that you and your prenatal provider work together.

Name	Brand Name	Dosage	Reasons for Use
Acetaminophen	Tylenol	650 mg every 6 hours	Headache, fever, pain
Loratidine	Claritin	10 mg, once daily	Allergies, nasal congestion, rash
Cetirizine	Zyrtec	5-10 mg, once daily	Allergies, nasal congestion, rash
Diphenhydramine	Benadryl	25 mg every 6 hours	Allergies, nasal congestion
Dextromethorphan	Robitussin DM	1 tsp every 6 hours	Cough due to cold, sore throat
---	Cepacol lozenges	As needed	Cough due to cold, sore throat
Cough drops	---	As needed	Cough due to cold, sore throat
---	Mylanta	2 tablets as needed	Heartburn, indigestion
---	Maalox	1-2 tablets as needed	Heartburn, indigestion
Famotidine	Pepcid AC	10 mg, twice daily	Heartburn, indigestion
Ranitidine	Zantac	150 mg, twice daily	Heartburn, indigestion
---	Tums	As needed	Heartburn, indigestion
---	Roloids	2 tablets every 4 hours	Heartburn, indigestion
---	Milk of Magnesia	5-15 ml (1-3 tsp), 4 times daily	Constipation
---	Metamucil	1 tsp in 8 oz of water, twice daily	Constipation
---	FiberCon	1 gram, 4 times daily	Constipation
Docusate sodium	Colace	100 mg, twice daily	Constipation
Dibucaine ointment	Nupercainal	As directed	Hemorrhoids
---	Preparation H	As directed	Hemorrhoids
Anusol	---	As directed	Hemorrhoids
Loperamide	Imodium	As directed	Diarrhea

Babies born to women who take prescription pain medicine, opiate substitution medication and medicine for anxiety/panic attacks in pregnancy may experience withdrawal symptoms after birth. For this reason, these babies may need to be observed longer in the hospital after delivery. If you are taking one of these types of medications and would like to speak with a pediatric provider about this prior to your delivery, you may set up a consultation by calling Jenny Flynn at 607-547-7952.

* Please note this document is subject to change. Call the Birthing Center or your provider directly with any concerns or questions.